

**United Food and Commercial Workers Unions
and Participating Employers
Health and Welfare Fund**

911 Ridgebrook Road
Sparks, Maryland 21152-9451
Telephone: (410) 683-6500
(800) 638-2972
www.associated-admin.com

8400 Corporate Drive, Suite 430
Landover, Maryland 20785-2361
Telephone: (301) 459-3020
(800) 638-2972
www.associated-admin.com

A G E N D A

APRIL 25, 2019

(Approximately 11:00 a.m.)

- I. CALL TO ORDER**
- II. MINUTES (pg. 1 – 9)**
 - A. REGULAR MEETING – DECEMBER 4, 2018**
 - B. APPEAL COMMITTEE MINUTES – DECEMBER 17, 2018**
 - C. APPEAL COMMITTEE MINUTES – MARCH 28, 2019**
- III. FINANCIAL REPORT (pg. 10)**
 - A. PNC REPORT**
- IV. CONSULTANT'S REPORT**
 - A. SEGAL COMPANY**
 - B. CONFIDIO**
- V. ATTORNEY'S REPORT**
 - A. REGULAR**
 - B. SUBROGATION**
 - C. DELINQUENCY REPORT**
- VI. ADMINISTRATIVE MANAGER'S REPORT - (4Q18) (pg. 11 – 31)**
- VII. INVOICES (pg. 32 – 35)**
- VIII. OTHER FUND BUSINESS**
 - A. CAREFIRST PPO CONTRACT - RENEWAL STATUS**
 - B. FINAL KROGER RECONCILIATION**
 - C. 2019 COBRA RATES**
 - D. KAISER OPEN ENROLLMENT**
 - E. MISCELLANEOUS CORRESPONDENCE**
- IX. NEXT MEETING DATE AND LOCATION (AUGUST 29, 2019 IN LANDOVER, MD.)**
- X. ADJOURNMENT**

MINUTES

**United Food and Commercial Workers Unions
and Participating Employers
Health and Welfare Fund**

911 Ridgebrook Road
Sparks, Maryland 21152-9451
Telephone: (410) 683-6500
(800) 638-2972
www.associated-admin.com

8400 Corporate Drive, Suite 430
Landover, Maryland 20785-2361
Telephone: (301) 459-3020
(800) 638-2972
www.associated-admin.com

**MINUTES OF THE MEETING OF THE
BOARD OF TRUSTEES OF THE
UFCW UNIONS AND PARTICIPATING EMPLOYERS
HEALTH AND WELFARE FUND
DECEMBER 4, 2018
LANDOVER, MARYLAND**

The following Trustees were present:

UNION TRUSTEES

M. Federici – Chairman
Y. Anwar
T. Hipkins

EMPLOYER TRUSTEES

D. Gwin – Secretary
J. Born
B. Seehafer

Also present were:

M. Buckberg – Withum
D. Clutts – Associated Administrators, LLC
J. Chorpenning – Local 27
A. Hanson – Local 400
C. Heppner – The Segal Company
C. Hoffmann – Local 400 (via tele-conference)
J. Ianniello – Associated Administrators, LLC
W. Jensen – Associated Administrators, LLC.
J. Kimble – Morgan, Lewis, & Bockius, LLC
A. Leech – Withum
S. Sanchez – Slevin & Hart, P.C.
B. Slevin – Slevin & Hart, P.C.
J. Timm – The Segal Company
L. Walsh – Associated Administrators, LLC
M. Wilson – Local 400

I. CALL TO ORDER

A quorum being present, Chairman Federici called the meeting to order.

II. TRUSTEE APPOINTMENT

Mr. Ianniello reported that Mr. Bill Seehafer had been appointed as an Employer Trustee effective September 4, 2018.

III. MINUTES

The Trustees reviewed the minutes of the last regular meeting held on August 30, 2018, and the appeals committee meeting held on September 24, 2018, which were previously circulated.

On Motion made and seconded, the Trustees voted unanimous approval of the following resolution:

RESOLVED that the minutes of the regular meeting held on August 30, 2018, and the appeals committee minutes of September 24, 2018, are approved as presented.

IV. FINANCIAL REPORT

A. PNC Bank

Mr. Ianniello reviewed the PNC Summary of Activity report for the period January 1, 2018 to October 31, 2018. Such report indicated a beginning market value of \$6,432,670, receipts of \$25,837,431, disbursements of \$21,463,778, and earnings of \$78,962, producing an ending market value of \$10,885,285 as of October 31, 2018.

B. Auditor's Report

The Trustees welcomed Mr. Mark Buckberg and Mr. Albert Leech of Withum Smith & Brown ("Withum") to the meeting.

Mr. Buckberg presented a copy of the audited Financial Statements for the year ended 2017. Net Assets Available for Benefits on December 31, 2016 were \$8,173,703. Total additions for the year ended December 31, 2017 were \$48,215,284. Total deductions were \$47,314,566. The increase of Net Assets Available for Benefits was \$900,728, producing Net Assets Available for Benefits of \$9,074,431 on December 31, 2017. Mr. Buckberg reviewed the Notes to Financial Statements and the Schedule of Employer Contributions. Mr. Buckberg noted that this was an unmodified opinion, which is the highest level of opinion available.

On Motion made and seconded, the Trustees voted unanimous approval of the following resolution:

RESOLVED to accept the Auditor's 2017 Audit report, as presented.

Mr. Leech said that Withum audited Kroger financial records as requested by the Board. He stated that final reconciliation indicates a Kroger overpayment of \$130,306.59, but that bank fees from October 1, 2018 forward still need to be determined. After discussion,

On Motion made and seconded, the Trustees voted unanimous approval of the following resolution:

RESOLVED to close all Kroger related bank accounts, pay accrued bank fees from the Kroger refund, and authorize Chairman and Secretary to approve a final reimbursement to Kroger based on the final audit completed by Withum.

The Trustees thanked Mr. Buckberg and Mr. Leech for their report and they were excused from the meeting.

V. CONSULTANT'S REPORT

The Segal Company

The Trustees welcomed Mr. Josh Timm and Mr. Christopher Heppner, of The Segal Company ("Segal") to the meeting.

A. Reserves

Mr. Heppner distributed and reviewed the Reserve Determination Report through October 31, 2018. He noted that the reserves were above the four-month ceiling as outlined in the Shoppers Collective Bargaining Agreement. Mr. Heppner noted that the amount of reserves above the four-month ceiling resulted in amortized credit adjustments of \$112,549 for contributions to be made in January and February 2019, and \$375,586 per month for payments to be made in January through May 2019. After discussion,

On Motion made and seconded, the Trustees voted unanimous approval of the following resolution:

RESOLVED to approve a contribution credit for Shoppers of \$488,135 per month for contributions due in January, February, and March 2019, and a contribution credit for Shoppers of \$375,586 for contributions due in April 2019.

B. Plan Y20 & Y30 Part Time Dependent Rates

Mr. Timm presented proposed Plan Y20 and Y30 part time costs per enrolled dependent child.

Plan	Per Child Rate	3 or More Children Rate
Y20 Part Time	\$147.85	\$443.55
Y30 Part Time	\$145.21	\$435.63

After review, on Motion made and seconded, the Trustees voted unanimous approval of the following resolution:

RESOLVED to adopt the 2019 Plan Y20 and Plan Y30 part time dependent rates, as presented, effective March 1, 2019.

The Trustees thanked the representatives of Segal for their report, and they were excused from the meeting.

VI. ATTORNEY'S REPORT

Associated Administrators Contract Amendment

Mr. Slevin presented Amendment 10 to the contract between Associated Administrators and the Fund for the period June 1, 2018 through December 31, 2021. The Amendment was signed at the meeting.

VII. ADMINISTRATIVE MANAGER'S REPORT

Third Quarter 2018 Report

Mr. Ianniello presented the Administrative Manager's report for the third quarter 2018, which had been pre-circulated. Such report indicated total income of \$5,795,782, and total expenses of \$3,804,991, producing a surplus of \$1,990,791. Mr. Ianniello noted that contributions were made on behalf of 2,425 Plan participants.

VIII. INVOICES

The Trustees reviewed the list of invoices for the Active Plan and Retiree Plan dated December 4, 2018. It was noted that there were no additions, deletions or changes to the lists.

On Motion made and seconded, the Trustees voted unanimous approval of the following resolution:

RESOLVED that the invoices shown on the lists of the Active Plan and Retiree Plan dated December 4, 2018 are approved for payment.

IX. OTHER FUND BUSINESS

A. Medicare Deductible and Co-Insurance Rates – 2019

Mr. Ianniello presented for the Trustees' review the Centers for Medicare and Medicaid Services (CMS) published changes to the Medicare Part A and B premiums, deductibles, and co-insurance. He said that the Fund office provides annual updates to the Trustees as the premiums and co-insurance rates are utilized in processing the Fund's Medicare Supplemental benefits for the retirees. After discussion,

On Motion made and seconded, the Trustees voted unanimous approval of the following resolution:

RESOLVED to approve the Medicare Deductible and Co-insurance rates for 2019, as presented, on a non-president-setting basis, for use by the Retiree Plan for processing Medicare Supplemental benefits.

B. Plan Y Part Time Open Enrollment

Mr. Ianniello reported that Plan Y Part Time benefit program has a single open enrollment period, from January 1 – 31 for a coverage effective date of March 1 each year. The other benefit programs under the Plan have an open enrollment in December for coverage effective January 1 each year. He asked if the Trustees wanted to align the Plan Y Part Time open enrollment period with the other benefit programs' open enrollment periods, beginning with coverage effective January 2020. After discussion,

On Motion made and seconded, the Trustees voted unanimous approval of the following resolution:

RESOLVED to change the Plan Y part time open enrollment to match other Plans' open enrollment periods beginning with the December 2019 open enrollment period for coverage effective January 2020.

C. Cheiron – Engagement Letter for 2019

Mr. Ianniello reviewed Cheiron's proposed engagement letter for 2019. The proposal calls for a fee of \$10,020/year (\$835 monthly) for the ASC-965 reporting requirements. After discussion,

On Motion made and seconded, the Trustees voted unanimous approval of the following resolution:

RESOLVED to accept Cheiron's proposal for 2019 with a fee of \$10,020 for a roll-forward ASC-965 report.

D. Health Care Cost Containment Corporation of the Mid-Atlantic (“HCCCC”)

Mr. Ianniello presented the HCCCC’s Annual Membership Fee. He noted the 2019 membership fee of \$0.75 per member, with a maximum of \$3,750, is the same as 2018.

On Motion made and seconded, the Trustees voted unanimous approval of the following resolution:

RESOLVED to approve renewal of the HCCCC membership, as presented, effective January 1, 2019.

E. Beacon Health Options

Mr. Ianniello presented the 2019 through 2021 Beacon Health Options contract renewal. He noted there is no increase in rate from the prior year.

On Motion made and seconded, the Trustees voted unanimous approval of the following resolution:

RESOLVED to approve renewal of the Beacon Health Options renewal as presented, effective January 1, 2019.

RESOLVED to delegate to Chair and Secretary the authority to approve the Plan Y Part Time co-premium rates for 2019.

X. NEXT MEETING DATES AND LOCATIONS

After discussion, the Trustees selected the following meeting dates and meeting locations for 2019:

April 25, 2019 – 9:00 a.m. – Landover, Maryland

August 29, 2019 – 9:00 a.m. – Landover, Maryland

December 3, 2019 – 9:00 a.m. – Sparks, Maryland

XI. ADJOURNMENT

There being no further business to come before the Trustees, the meeting was adjourned.

Respectfully submitted,
Donna Gwin – Secretary

20712070v1

**United Food and Commercial Workers Unions
and Participating Employers
Health and Welfare Fund**

911 Ridgebrook Road
Sparks, Maryland 21152-9451
Telephone: (410) 683-6500
(800) 638-2972
www.associated-admin.com

8400 Corporate Drive, Suite 430
Landover, Maryland 20785-2361
Telephone: (301) 459-3020
(800) 638-2972
www.associated-admin.com

**APPEALS EMAILED TO THE APPEALS SUBCOMMITTEE OF THE
BOARD OF TRUSTEES OF THE UFCW UNIONS & PARTICIPATING EMPLOYERS
HEALTH AND WELFARE FUND ON DECEMBER 17, 2018
AND RESOLVED VIA EMAIL**

The following Trustees made determinations on the appeals:

UNION TRUSTEE

Y. Anwar

EMPLOYER TRUSTEE

D. Gwin

Also present was:

C. Brown – Associated Administrators, LLC

I. APPEALS

The following appeals were reviewed by the Trustees:

Third Quarter 2018

Code	Issue	Decision
A18/120-0003	Late Continuation Form	Denied
M18/182-5109	Late Filing	Denied
M18/186-6377	Late Filing	Denied
M18/193-1630	Late Filing	Denied
M18/196-8703	Late Filing, Lack of Certification	Denied
M18/188-5619	Excess of UCR	Denied
M18/189-6887	Ambulance Services	Denied
M18/197-6887	Ambulance Services	Denied
M18/201-2375	Ambulance Services	Denied
M18/195-4357	Routine Services, Benefit Maximum (Flu shot)	Approved Non-precedent
M18/185-3892	Diabetic Benefit (Medstar Pharmacy)	Denied
M18/190-7105	Excluded Services (Diabetes self-management training)	Denied

Respectfully submitted,
Chris Brown, Appeals Supervisor

**United Food and Commercial Workers Unions
and Participating Employers
Health and Welfare Fund**

911 Ridgebrook Road
Sparks, Maryland 21152-9451
Telephone: (410) 683-6500
(800) 638-2972
www.associated-admin.com

8400 Corporate Drive, Suite 430
Landover, Maryland 20785-2361
Telephone: (301) 459-3020
(800) 638-2972
www.associated-admin.com

**APPEALS EMAILED TO THE APPEALS SUBCOMMITTEE OF THE
BOARD OF TRUSTEES OF THE UFCW UNIONS & PARTICIPATING EMPLOYERS
HEALTH AND WELFARE FUND ON MARCH 28, 2019
AND RESOLVED VIA EMAIL**

The following Trustees made determinations on the appeals:

UNION TRUSTEE

Y. Anwar

EMPLOYER TRUSTEE

D. Gwin

Also present was:

C. Brown – Associated Administrators, LLC

I. APPEALS

The following appeals were reviewed by the Trustees:

First Quarter 2019

Code	Issue	Decision
M18/204-4661	Late Filing	Denied
M18/206-2744	Late Filing	Denied
M19/116-9881	Anesthesia Services	Denied
M19/114-6141	Anesthesia Services, Late Appeal	Denied
M19/107-2464	CRNA	Denied
M18/205-9503	Ambulance Services	Denied
M19/112-4040	Experimental/Investigational (Avastin), Late Appeal	Denied

Respectfully submitted,

Chris Brown, Appeals Supervisor

FINANCIAL REPORT

UFCW UNIONS AND PARTICIPATING EMPLOYERS HEALTH & WELFARE FUND
SUMMARY OF ACTIVITY
JANUARY 01 TO MARCH 31, 2019

ITEM	CASH RESERVE	SBH	TOTAL AMOUNT
MARKET VALUE 01/01/2019	\$ 8,752,963 \$	1,862,341 \$	10,615,304
RECEIPTS	\$ 4,981,582 \$	- \$	4,981,582
DISBURSEMENTS	\$ (4,999,848) \$	- \$	(4,999,848)
INTER ACCOUNT TRANSFERS	\$ - \$	- \$	-
EARNINGS	\$ 48,858 \$	43,277 \$	92,135
ENDING MARKET VALUE 3/31/19	\$ 8,783,555 \$	1,905,618 \$	10,689,173

ADMINISTRATIVE MANAGER'S REPORT

**UFCW UNIONS AND PARTICIPATING EMPLOYERS
HEALTH & WELFARE FUND
*FOURTH QUARTER 2018***

ADMINISTRATIVE MANAGER'S REPORT

FOURTH QUARTER 2018
PLAN JS

INCOME				
EMPLOYER	RATE	PARTICIPANTS	CONTRIBUTIONS	OUTSTANDING
KELCO	\$920.73	10	\$28,542	
TOTAL		10	\$28,542	\$0

BENEFIT EXPENSES	COST
MEDICAL	\$87,037
LIFE & AD & D	41
DISABILITY	4,265
DENTAL	1,418
OPTICAL	144
DRUG	19,082
RETIREEES	14,100
MEDICAL ADM.	421
MENTAL HEALTH MANAGER	81
PPO	213
UM/DM	305
SUB TOTAL	\$127,107

OPERATING EXPENSES	COST
ADMINISTRATION FEE	\$405
ADMINISTRATION HIPAA	10
MISCELLANEOUS	521
SUB TOTAL	\$936

TOTAL EXPENSES	\$128,043
-----------------------	------------------

SURPLUS (DEFICIT)	(\$99,501)
--------------------------	-------------------

AVERAGE INCOME	\$951
AVERAGE EXPENSE	4,268
SURPLUS (DEFICIT)	(\$3,317)

FOURTH QUARTER 2018
PLAN JSS-2

INCOME				
EMPLOYER	RATE	PARTICIPANTS	CONTRIBUTIONS	OUTSTANDING
SAFEWAY VALLEY FT	\$1,488.72	2	\$8,931	
SAFEWAY VALLEY PT	1,488.72	0	0	
SHOPPERS FOOD 400 FT ¹	1,852.56	323	1,283,523	
SHOPPERS FOOD 400 PT	1,852.56	121	674,331	
UFCW LOCAL 400 TEMP FT	1,852.56	0	0	
COBRA		9	24,430	
HMO COPAYS			0	
TOTAL		455	\$1,991,215	\$0

BENEFIT EXPENSES	COST
MEDICAL	\$1,230,883
HMO	0
LIFE & AD & D	5,552
DISABILITY	94,890
DENTAL	58,712
OPTICAL	6,084
DRUG	355,750
RETIREEES	641,562
MEDICAL ADM.	18,468
MENTAL HEALTH MANAGER	54,577
PPO	8,992
UM/DM	12,823
SUB TOTAL	\$2,488,293

OPERATING EXPENSES	COST
ADMINISTRATION FEE	\$18,412
ADMINISTRATION HIPAA	450
MISCELLANEOUS	23,738
SUB TOTAL	\$42,600

TOTAL EXPENSES	\$2,530,893
-----------------------	--------------------

SURPLUS (DEFICIT)	(\$539,678)
--------------------------	--------------------

AVERAGE INCOME	\$1,459
AVERAGE EXPENSE	1,854
SURPLUS (DEFICIT)	(\$395)

¹Board of Trustees approved Health and Welfare contribution credit taken for October, November and December.

FOURTH QUARTER 2018
PLAN Y FULL TIME

INCOME				
EMPLOYER	RATE	PARTICIPANTS	CONTRIBUTIONS	OUTSTANDING
ACE SUSHI	\$839.88	0	\$0	
METRO/BASICS ¹	1,032.82	239	536,088	
SHOPPERS 400	1,032.82	128	396,603	
COBRA		1	3,865	
HMO COPAYS			735	
TOTAL		368	\$937,291	\$0

BENEFIT EXPENSES	COST
MEDICAL	\$481,362
HMO	4,007
LIFE & AD & D	5,255
DISABILITY	44,433
DENTAL	44,844
OPTICAL	3,267
DRUG	266,422
MEDICAL ADM.	14,276
MENTAL HEALTH MANAGER	21,764
EAP	716
PPO	7,035
UM/DM	10,020
SUB TOTAL	\$903,401

OPERATING EXPENSES	COST
ADMINISTRATION FEE	\$14,891
ADMINISTRATION HIPAA	364
MISCELLANEOUS	19,199
SUB TOTAL	\$34,454

TOTAL EXPENSES	\$937,855
-----------------------	------------------

SURPLUS (DEFICIT)	(\$564)
--------------------------	----------------

AVERAGE INCOME	\$849
AVERAGE EXPENSE	850
SURPLUS (DEFICIT)	(\$1)

¹Board of Trustees approved Health and Welfare contribution credit taken for October, November and December.

**FOURTH QUARTER 2018
PLAN Y PART TIME INDIVIDUAL**

INCOME				
EMPLOYER	RATE	PARTICIPANTS	CONTRIBUTIONS	OUTSTANDING
ACE SUSHI	\$347.41	0	\$0	
METRO/BASICS	520.94	215	335,485	
SHOPPERS 400	520.94	397	620,439	
COBRA		3	5,015	
TOTAL		615	\$960,939	\$0

BENEFIT EXPENSES	COST
MEDICAL	\$468,901
HMO	22,618
LIFE & AD & D	3,838
DISABILITY	22,912
DENTAL	41,602
OPTICAL	4,848
DRUG	221,069
MEDICAL ADM.	20,531
MENTAL HEALTH MANAGER	4,800
EAP	1,024
PPO	9,956
UM/DM	14,367
SUB TOTAL	\$836,466

OPERATING EXPENSES	COST
ADMINISTRATION FEE	\$24,887
ADMINISTRATION HIPAA	609
MISCELLANEOUS	32,085
SUB TOTAL	\$57,581

TOTAL EXPENSES	\$894,047
-----------------------	------------------

SURPLUS (DEFICIT)	\$66,892
--------------------------	-----------------

AVERAGE INCOME	\$521
AVERAGE EXPENSE	485
SURPLUS (DEFICIT)	\$36

FOURTH QUARTER 2018
PLAN Y PART TIME FAMILY

INCOME				
EMPLOYER	RATE	PARTICIPANTS	CONTRIBUTIONS	OUTSTANDING
ACE SUSHI	\$966.52	0	\$0	
METRO/BASICS	1,476.99	62	274,719	
SHOPPERS 400	1,476.99	111	493,315	
HMO COPAYS			399	
TOTAL		173	\$768,433	\$0

BENEFIT EXPENSES	COST
MEDICAL	\$661,506
HMO	4,841
LIFE & AD & D	1,321
DISABILITY	26,261
DENTAL	29,237
OPTICAL	1,655
DRUG	149,705
MEDICAL ADM.	7,165
MENTAL HEALTH MANAGER	3,534
EAP	361
PPO	3,530
UM/DM	5,034
SUB TOTAL	\$894,150

OPERATING EXPENSES	COST
ADMINISTRATION FEE	\$7,001
ADMINISTRATION HIPAA	171
MISCELLANEOUS	9,025
SUB TOTAL	\$16,197

TOTAL EXPENSES	\$910,347
-----------------------	------------------

SURPLUS (DEFICIT)	(\$141,914)
--------------------------	--------------------

AVERAGE INCOME	\$1,481
AVERAGE EXPENSE	1,754
SURPLUS (DEFICIT)	(\$273)

FOURTH QUARTER 2018
PLAN Y20 FULL TIME

INCOME				
EMPLOYER	RATE	PARTICIPANTS	CONTRIBUTIONS	OUTSTANDING
METRO/BASICS	\$590.09	15	\$27,143	
SHOPPERS 400	590.09	13	23,013	
TOTAL		28	\$50,156	\$0

BENEFIT EXPENSES	COST
MEDICAL	\$1,723
LIFE & AD & D	354
DENTAL	1,403
OPTICAL	217
DRUG	950
MEDICAL ADM.	950
MENTAL HEALTH MANAGER	176
PPO	469
UM/DM	667
SUB TOTAL	\$6,909

OPERATING EXPENSES	COST
ADMINISTRATION FEE	\$1,133
ADMINISTRATION HIPAA	28
MISCELLANEOUS	1,461
SUB TOTAL	\$2,622

TOTAL EXPENSES	\$9,531
-----------------------	----------------

SURPLUS (DEFICIT)	\$40,625
--------------------------	-----------------

AVERAGE INCOME	\$597
AVERAGE EXPENSE	113
SURPLUS (DEFICIT)	\$484

FOURTH QUARTER 2018
PLAN Y20 PART TIME

INCOME				
EMPLOYER	RATE	PARTICIPANTS	CONTRIBUTIONS	OUTSTANDING
METRO/BASICS	\$280.94	80	\$67,425	
SHOPPERS 400	280.94	125	105,071	
SHOPPERS 400 ¹	408.75	4	4,496	
COBRA		0	0	
HMO COPAYS			483	
TOTAL		209	\$177,475	\$0

BENEFIT EXPENSES	COST
MEDICAL	\$168,225
HMO	923
LIFE & AD & D	1,328
DISABILITY	969
DENTAL	9,482
OPTICAL	1,637
DRUG	13,980
MEDICAL ADM.	7,165
MENTAL HEALTH MANAGER	1,325
PPO	3,524
UM/DM	5,034
SUB TOTAL	\$213,592

OPERATING EXPENSES	COST
ADMINISTRATION FEE	\$8,457
ADMINISTRATION HIPAA	207
MISCELLANEOUS	10,904
SUB TOTAL	\$19,568

TOTAL EXPENSES	\$233,160
-----------------------	------------------

SURPLUS (DEFICIT)	(\$55,685)
--------------------------	-------------------

AVERAGE INCOME	\$283
AVERAGE EXPENSE	372
SURPLUS (DEFICIT)	(\$89)

¹Employee additional contribution is \$127.81 for 1 or 2 dependents, or \$383.43 for 3 or more dependents.

FOURTH QUARTER 2018
PLAN Y30 FULL TIME

INCOME				
EMPLOYER	RATE	PARTICIPANTS	CONTRIBUTIONS	OUTSTANDING
METRO/BASICS	\$545.82	8	\$13,101	
SHOPPERS 400	545.82	9	15,282	
TOTAL		17	\$28,383	\$0

BENEFIT EXPENSES	COST
MEDICAL	\$9,607
LIFE & AD & D	93
DISABILITY	0
DENTAL	318
OPTICAL	56
DRUG	106
MEDICAL ADM.	285
MENTAL HEALTH MANAGER	51
PPO	126
UM/DM	191
SUB TOTAL	\$10,833

OPERATING EXPENSES	COST
ADMINISTRATION FEE	\$688
ADMINISTRATION HIPAA	17
MISCELLANEOUS	887
SUB TOTAL	\$1,592

TOTAL EXPENSES	\$12,425
-----------------------	-----------------

SURPLUS (DEFICIT)	\$15,958
--------------------------	-----------------

AVERAGE INCOME	\$557
AVERAGE EXPENSE	244
SURPLUS (DEFICIT)	\$313

FOURTH QUARTER 2018
PLAN Y30 PART TIME

INCOME				
EMPLOYER	RATE	PARTICIPANTS	CONTRIBUTIONS	OUTSTANDING
METRO/BASICS	\$263.52	60	\$47,170	
SHOPPERS 400	263.52	75	59,027	
SHOPPERS 400 ¹	389.06	1	1,167	
TOTAL		136	\$107,364	\$0

BENEFIT EXPENSES	COST
MEDICAL	\$5,211
LIFE & AD & D	258
DISABILITY	300
DENTAL	1,979
OPTICAL	329
DRUG	4,402
MEDICAL ADM.	1,520
MENTAL HEALTH MANAGER	919
PPO	735
UM/DM	1,068
SUB TOTAL	\$16,721

OPERATING EXPENSES	COST
ADMINISTRATION FEE	\$5,503
ADMINISTRATION HIPAA	135
MISCELLANEOUS	7,095
SUB TOTAL	\$12,733

TOTAL EXPENSES	\$29,454
-----------------------	-----------------

SURPLUS (DEFICIT)	\$77,910
--------------------------	-----------------

AVERAGE INCOME	\$263
AVERAGE EXPENSE	72
SURPLUS (DEFICIT)	\$191

¹Employee additional contribution is \$125.54 for 1 or 2 dependents, or \$376.62 for 3 or more dependents.

FOURTH QUARTER 2018
PLAN Y40 PART TIME

INCOME				
EMPLOYER	RATE	PARTICIPANTS	CONTRIBUTIONS	OUTSTANDING
METRO/BASICS	\$36.46	116	\$12,724	
SHOPPERS 400	36.46	251	27,418	
TOTAL		367	\$40,142	\$0

BENEFIT EXPENSES	COST
LIFE & AD & D	\$89
DISABILITY	0
DENTAL	634
OPTICAL	112
SUB TOTAL	\$835

OPERATING EXPENSES	COST
ADMINISTRATION FEE	\$14,851
ADMINISTRATION HIPAA	363
MISCELLANEOUS	19,146
SUB TOTAL	\$34,360

TOTAL EXPENSES	\$35,195
-----------------------	-----------------

SURPLUS (DEFICIT)	\$4,947
--------------------------	----------------

AVERAGE INCOME	\$36
AVERAGE EXPENSE	32
SURPLUS (DEFICIT)	\$4

**FOURTH QUARTER 2018
RETIREES**

INCOME	CO-PAY	CO-PAY	CO-PAY	CO-PAY	NO-COPAY	COMBINED
RATE	\$366.10	\$188.59	\$173.06	\$361.38	RETIREES	
NO OF EMP.	2	9	1	10	46	68
TOTAL INCOME	\$2,563	\$7,558	\$519	\$10,841	\$0	\$21,481

BENEFIT EXPENSES						COMBINED
MEDICAL	\$8,483	\$8,468	\$0	\$900	\$22,391	\$40,242
DENTAL	202	1,037	86	764	3,929	6,018
OPTICAL	23	162	14	93	622	914
DRUG	85	5,885	3,681	15,644	111,929	137,224
MEDICAL ADM.	108	489	0	244	1,343	2,184
MENTAL HEALTH MANAGER	16	90	0	45	315	466
EAP	0	0	0	16	0	16
UM/DM	0	0	0	28	0	28
TOTAL EXPENSES	\$8,917	\$16,131	\$3,781	\$17,734	\$140,529	\$187,092

SURPLUS (DEFICIT)	(\$6,354)	(\$8,573)	(\$3,262)	(\$6,893)	(\$140,529)	(\$165,611)
--------------------------	-----------	-----------	-----------	-----------	-------------	-------------

AVERAGE INCOME	\$427	\$280	\$173	\$361	\$0	\$105
AVERAGE EXPENSE	1,486	597	1,260	591	1,018	917
SURPLUS (DEFICIT)	(\$1,059)	(\$317)	(\$1,087)	(\$230)	(\$1,018)	(\$812)

FOURTH QUARTER 2018 SHOPPERS RETIREES
--

INCOME	CO-PAY	CO-PAY	CO-PAY	COMBINED
RATE	\$20.00	\$40.00	\$60.00	
NO OF EMP.	220	85	2	307
TOTAL INCOME	\$13,180	\$10,200	\$360	\$23,740

BENEFIT EXPENSES				COMBINED
MEDICAL	\$100,273	\$8,317	\$95,831	\$204,421
DENTAL	29,513	0	0	29,513
OPTICAL	4,370	0	0	4,370
DRUG	73,303	44,486	1,097	118,886
MEDICAL ADM.	4,234	380	1,180	5,794
MENTAL HEALTH MANAGER	748	73	203	1,024
PPO	33	0	19	52
UM/DM	28	85	144	257
TOTAL EXPENSES	\$212,502	\$53,341	\$98,474	\$364,317

SURPLUS (DEFICIT)	(\$199,322)	(\$43,141)	(\$98,114)	(\$340,577)
-------------------	-------------	------------	------------	-------------

AVERAGE INCOME	\$20	\$40	\$60	\$26
AVERAGE EXPENSE	322	209	16,412	396
SURPLUS (DEFICIT)	(\$302)	(\$169)	(\$16,352)	(\$370)

FOURTH QUARTER 2018
SUPERVALU RETIREES

INCOME	CO-PAY	CO-PAY	CO-PAY	COMBINED
RATE	\$20.00	\$40.00	\$60.00	
NO OF EMP.	63	29	0	92
TOTAL INCOME	\$3,800	\$3,440	\$0	\$7,240

BENEFIT EXPENSES				COMBINED
MEDICAL	\$49,003	\$23,057	\$0	\$72,060
DENTAL	8,173	0	0	8,173
OPTICAL	1,213	0	0	1,213
DRUG	18,759	3,150	0	21,909
MEDICAL ADM.	475	244	0	719
MENTAL HEALTH MANAGER	85	43	0	128
PPO	20	0	0	20
UM/DM	0	28	0	28
TOTAL EXPENSES	\$77,728	\$26,522	\$0	\$104,250

SURPLUS (DEFICIT)	(\$73,928)	(\$23,082)	\$0	(\$97,010)
-------------------	------------	------------	-----	------------

AVERAGE INCOME	\$20	\$40	\$0	\$26
AVERAGE EXPENSE	411	305	0	378
SURPLUS (DEFICIT)	(\$391)	(\$265)	\$0	(\$352)

FOURTH QUARTER 2018

PRESCRIPTION REPORT

SCRIPTS PROCESSED	SCRIPT/ADM. COST	PHARMACY PAYMENT	TOTAL
18,278	\$58	\$1,309,427	\$1,309,485

MISCELLANEOUS EXPENSES

CATEGORY	COST
ACCOUNTING	\$22,020
ACTUARY & CONSULTING	30,823
ACCURINT	1
CONFERENCE EXP	5,292
DUES	1,050
EDUCATION FEES	528
INSURANCE & BONDING	4,095
INVESTMENT MANAGEMENT	2,305
LEGAL	43,689
MEETING EXPENSE	872
POSTAGE	2,239
PRINTING	10,650
TELEPHONE	497
TOTAL	\$124,061

**2018
QUARTERLY RECAP**

	FIRST 2018	SECOND 2018	THIRD 2018	FOURTH 2018	TOTAL
CONTRIBUTIONS RECEIVED	\$8,427,829	\$6,953,511	\$5,695,101	\$5,089,940	\$26,166,381
CONTRIBUTIONS OUTSTANDING	0	0	0	0	0
RETIREE INCOME	51,727	51,893	52,983	52,461	209,064
INTEREST & DIVIDENDS	29,862	37,388	47,698	74,302	189,250
MISCELLANEOUS INCOME ¹	46	22,500	0	0	22,546

TOTAL INCOME	\$8,509,464	\$7,065,292	\$5,795,782	\$5,216,703	\$26,587,241
---------------------	--------------------	--------------------	--------------------	--------------------	---------------------

EXPENSES					
MEDICAL	\$3,757,154	\$3,850,969	\$2,908,747	\$3,146,844	\$13,663,714
LIFE & AD & D	28,288	21,986	20,151	18,129	88,554
DISABILITY	289,044	241,226	211,330	194,030	935,630
DENTAL	279,896	228,201	192,033	189,629	889,759
OPTICAL	29,725	22,075	18,562	18,349	88,711
DRUG ²	1,389,731	1,139,554	(338,602)	1,031,466	3,222,149
RETIREES	695,640	596,963	354,551	655,662	2,302,816
MEDICAL ADM.	110,229	83,456	71,731	70,781	336,197
MENTAL HEALTH MANAGER	66,104	145,419	29,320	87,227	328,070
EAP	3,073	2,507	2,125	2,101	9,806
PPO	43,997	47,705	35,606	34,580	161,888
UM/DM	104,413	74,140	52,989	49,509	281,051
SUBTOTAL	\$6,797,294	\$6,454,201	\$3,558,543	\$5,498,307	\$22,308,345

OPERATING EXPENSE					
ADMINISTRATION	\$127,385	\$108,316	\$105,579	\$96,228	\$437,508
ADMINISTRATION HIPAA	3,117	2,650	2,583	2,354	10,704
MISCELLANEOUS	169,772	64,081	138,286	124,061	496,200
SUBTOTAL	\$300,274	\$175,047	\$246,448	\$222,643	\$944,412

TOTAL EXPENSES	\$7,097,568	\$6,629,248	\$3,804,991	\$5,720,950	\$23,252,757
-----------------------	--------------------	--------------------	--------------------	--------------------	---------------------

SURPLUS (DEFICIT)	\$1,411,896	\$436,044	\$1,990,791	(\$504,247)	\$3,334,484
--------------------------	--------------------	------------------	--------------------	--------------------	--------------------

TOTAL PARTICIPANTS	3,474	2,697	2,425	2,378	2,744
---------------------------	--------------	--------------	--------------	--------------	--------------

FUND BALANCE	\$7,976,097	\$8,975,904	\$9,498,351	\$10,893,102	
---------------------	--------------------	--------------------	--------------------	---------------------	--

¹First Quarter - SBH Class Action - Citigroup.

¹Second Quarter - Employer payment for PCORI Fees.

²Third Quarter - Reduced by recovery proceeds from ESI audit for period ending 2006.

**2017
QUARTERLY RECAP**

	FIRST 2017	SECOND 2017	THIRD 2017	FOURTH 2017	TOTAL
CONTRIBUTIONS RECEIVED ¹	\$12,419,716	\$11,840,462	\$11,638,635	\$12,502,848	\$48,401,661
CONTRIBUTIONS OUTSTANDING	0	0	0	0	0
RETIREE INCOME	194,354	163,588	58,361	50,090	466,393
INTEREST & DIVIDENDS	18,678	21,195	23,597	23,161	86,631
MISCELLANEOUS INCOME ²	0	22,500	38,300	0	60,800

TOTAL INCOME	\$12,632,748	\$12,047,745	\$11,758,893	\$12,576,099	\$49,015,485
---------------------	---------------------	---------------------	---------------------	---------------------	---------------------

EXPENSES					
MEDICAL	\$7,708,546	\$8,645,985	\$7,210,545	\$7,876,473	\$31,441,549
LIFE & AD & D	61,753	61,815	61,711	61,486	246,765
DISABILITY	370,490	318,350	359,219	329,886	1,377,945
DENTAL	481,683	486,716	467,169	457,055	1,892,623
OPTICAL	57,337	56,726	56,068	55,332	225,463
DRUG	1,165,689	1,195,119	1,341,295	1,122,862	4,824,965
RETIREES	922,507	785,441	688,959	484,308	2,881,215
MEDICAL ADM.	161,020	159,964	161,374	159,176	641,534
MENTAL HEALTH MANAGER	79,944	63,027	145,923	103,244	392,138
EAP	4,342	4,281	4,217	4,148	16,988
PPO	297,642	292,200	285,132	283,412	1,158,386
UM/DM	113,337	106,851	132,751	132,238	485,177
SUBTOTAL	\$11,424,290	\$12,176,475	\$10,914,363	\$11,069,620	\$45,584,748

OPERATING EXPENSE					
ADMINISTRATION	\$209,256	\$208,174	\$210,781	\$209,306	\$837,517
ADMINISTRATION HIPAA	4,225	4,212	4,267	4,245	16,949
MISCELLANEOUS	332,818	145,509	344,508	504,352	1,327,187
SUBTOTAL	\$546,299	\$357,895	\$559,556	\$717,903	\$2,181,653

TOTAL EXPENSES	\$11,970,589	\$12,534,370	\$11,473,919	\$11,787,523	\$47,766,401
-----------------------	---------------------	---------------------	---------------------	---------------------	---------------------

SURPLUS (DEFICIT)	\$662,159	(\$486,625)	\$284,974	\$788,576	\$1,249,084
--------------------------	------------------	--------------------	------------------	------------------	--------------------

TOTAL PARTICIPANTS	5,621	5,582	5,529	5,469	5,550
---------------------------	--------------	--------------	--------------	--------------	--------------

FUND BALANCE	\$6,014,256	\$5,479,614	\$6,473,785	\$6,633,559	
---------------------	--------------------	--------------------	--------------------	--------------------	--

¹First Quarter Contributions include Kroger's reimbursement for Misc. expenses 2014-2016.

²Second Quarter Misc. Income is Employer payment for PCORI Fees.

²Third Quarter Misc. Income is the Perkins Management Settlement.

CONTRACT INFORMATION
MAINTENANCE OF BENEFITS
FOURTH QUARTER 2018

CONTRACT EXP.	COMPANY	PLAN	RATES
04-30-20	ACE SUSHI	Y	\$839.88
		Y	\$347.41
		Y	\$966.52
02-18-23	KELCO F.C.U.	JS	\$920.73
07-11-20	METRO/ BASICS/ SHOPPERS 27	Y	\$1,032.82
		Y	\$520.94
		Y	\$1,476.99
		Y20	\$590.09
		Y20	\$280.94
		Y30	\$545.82
		Y30	\$263.52
10-26-19	SAFEWAY VALLEY	JSS-2	\$1,488.72
		S	\$1.61
07-11-20	SHOPPERS FOOD 400	JSS-2	\$1,852.56
		Y	\$1,032.82
		Y	\$520.94
		Y	\$1,476.99
		Y20	\$590.09
		Y20	\$280.94
		Y30	\$545.82
		Y30	\$263.52
	UFCW LOCAL 400 TEMP	JSS2	\$1,852.56
		Y	\$1,032.82
		Y	\$520.94
		Y30	\$263.52

**UFCW UNIONS AND PARTICIPATING EMPLOYERS
HEALTH AND WELFARE FUND
DELINQUENCY REPORT
FOURTH QUARTER 2018**

FOURTH QUARTER 2018
DELINQUENCY REPORT

PRIOR QUARTERS

NONE

CURRENT QUARTER

NONE

Work Snapshot 2018 Non-Food					
Function	1st Quarter	2nd Quarter	3rd Quarter	4th Quarter	YTD
<i>Accident & Sickness Claims</i>	65	45	33	43	186
<i>Appeals</i>	34	36	18	20	108
<i>Participant Services Calls</i>	3,439	3,364	3,063	3,077	12,943
<i>COBRA Notices Mailed</i>	64	164	176	28	432
<i>Pension Apps Received</i>	58	168	93	54	373
<i>Pension Estimates Received</i>	64	86	274	75	499
<i>Medical Claims Processed</i>	15,061	12,989	18,858	14,192	61,100
<i>Communications Mailings Sent to Participants</i>	7,464	20,387	11,908	4,627	44,386

*Changed the reporting criteria for medical claims starting with 3Q claims. Multiple claims are attached to one check; therefore, the 1st and 2nd quarter counts were per check issued. Each individual claim is counted as one claim processed for 3Q and going forward.

INVOICES

UFCW UNIONS & PARTICIPATING EMPLOYERS
HEALTH AND WELFARE FUND

INVOICES

APRIL 25, 2019

1. ASSOCIATED ADMINISTRATORS, LLC

12/04/18	Meeting Expenses - Regular Meeting	\$	498.87
----------	------------------------------------	----	--------

2. CHEIRON

11/20/18	Retainer Services - October 2018	\$	1,600.00
----------	----------------------------------	----	----------

12/10/18	Retainer Services - November 2018	\$	1,600.00
----------	-----------------------------------	----	----------

01/22/19	Retainer Services - December 2018	\$	1,600.00
----------	-----------------------------------	----	----------

02/25/19	Retainer Services - January 2019	\$	835.00
----------	----------------------------------	----	--------

03/19/19	Retainer Services - February 2019	\$	835.00
----------	-----------------------------------	----	--------

3. HEALTH CARE COST CONTAINMENT CORPORATION

01/29/19	2019 Membership Fee	\$	2,174.25
----------	---------------------	----	----------

4. INTERNATIONAL FOUNDATION OF EMPLOYEE BENEFIT PLANS

01/24/19	W. Seehafer - Membership Fee	\$	195.00
----------	------------------------------	----	--------

5. MORGAN, LEWIS & BOCKIUS

11/30/18	For Professional Services rendered for the period ended October 31, 2018	\$	3,178.00
----------	--	----	----------

02/27/19	For Professional Services rendered for the period ended November 30, 2018	\$	4,124.00
----------	---	----	----------

02/27/19	For Professional Services rendered for the period ended December 31, 2018	\$	3,461.45
----------	---	----	----------

02/27/19	For Professional Services rendered for the period ended January 31, 2019	\$ 622.00
6.	<u>SEGAL CONSULTING</u>	
11/30/18	For consulting services rendered regarding the SBCs for Plans JS, JSS2, Y, Y20 and Y30	\$ 900.00
12/06/18	For retainer services rendered for the period December 1, 2018 through December 31, 2018	\$ 5,333.33
12/31/18	For retainer services rendered for the period January 1, 2018 – January 31, 2019	\$ 5,333.33
12/31/18	For consulting services rendered regarding SBCs for Plans JS, JSS2, Y, Y20 and Y30	\$ 182.50
01/29/19	For retainer services rendered February 1, 2019 through February 28, 2019	\$ 5,333.33
03/11/19	For retainer services rendered for the period March 1, 2019 – March 31, 2019	\$ 5,333.33
7.	<u>SEGAL SELECT INSURANCE</u>	
04/16/19	Renewal of fiduciary insurance for the period 04/30/19 – 04/30/20 through Chubb for the primary policy and through the Hartford for the excess risk policy	\$ 26,234.00
8.	<u>SEGALL BRYANT AND HAMILL</u>	
01/16/19	Investment Management Fee – for the period October 1, 2018 through December 31, 2018	\$ 924.59
9.	<u>SLEVIN & HART, P.C.</u>	
11/30/18	For Professional services rendered through October 31, 2018	\$ 7,411.07
12/31/18	For Professional services rendered through November 30, 2018	\$ 9,202.50
01/31/19	For Subrogation expenses incurred from January 1, 2018 through December 31, 2018	\$ 261.58
01/28/19	For Professional services rendered through December 31, 2018	\$ 8,260.37

02/25/19	For Professional services rendered through January 31, 2019	\$	1,358.94
03/25/19	For Professional services rendered through February 28, 2019	\$	6,524.95
10.	<u>SUPERVALU</u>		
01/29/19	J. Born - Reimbursement of expenses incurred for attendance at the December 4, 2018 Board of Trustees Meeting	\$	228.43
02/17/19	B. Seehafer - Reimbursement of expenses incurred for attendance at the December 4, 2018 Board of Trustees meeting	\$	309.58
11.	<u>TRUSTEE EXPENSE REIMBURSEMENTS</u>		
12/21/18	D. Gwin - Reimbursement of expenses incurred at the December 4, 2018 meeting of the Board of Trustees	\$	83.80
12.	<u>UFCW Local 27</u>		
01/04/19	T. Hipkins - Reimbursement of expenses incurred at the IFEBP Annual Conference in New Orleans, Louisiana October 14, 2018 – October 17, 2018	\$	2,143.65
13.	<u>WITHUM</u>		
12/02/18	For Professional services rendered through December 2, 2018 in connection with the compliance audit of Shoppers Food Warehouse	\$	5,212.11

UFCW UNIONS & PARTICIPATING EMPLOYERS
HEALTH AND WELFARE FUND
RETIREE PLAN

INVOICES

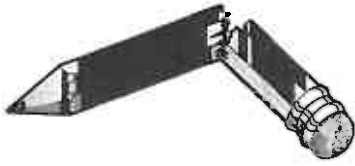
APRIL 25, 2019

1. **SLEVIN & HART, P.C.**

02/04/19	For Professional Services rendered through December 31, 2018	\$	1,651.00
----------	--	----	----------

2. **WOODARD INSURANCE AGENCY, LLC**

01/31/19	Ongoing healthcare customer service and orphan enrollment for Fourth Quarter 2018	\$	1,500.00
----------	---	----	----------



MEETING NOTES

[illegible]